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Supporting children where they live, learn, and play.

Welcome Back!

Center for Pediatric Therapy is excited to resume in-person therapy services with your child.

CDC Guidelines are being followed for creating a safe space for your child.

Please review our new procedures that have been implemented. This will help prepare you in advance of your child's session, as well as know what to expect at each appointment.

CREATING A SAFE SPACE:

General:

- ✓ All waiting rooms are closed.
- ✓ Appointment arrival and exit times will be staggered to minimize contact with other clients or clinicians in the hallways.
- ✓ There will be a thorough cleaning of a therapy room between each therapy appointment.
- ✓ All bathrooms will be cleaned after each usage, even if only used for hand washing.
- ✓ All clinic surfaces and high-traffic touchpoints will be cleaned on a routine schedule that follows CDC guidelines.
- ✓ In addition to an entry and exit handwashing procedure, hand sanitizer will be available for use, as needed.
- ✓ Staff have all participated in additional training on CDC Guidelines.

The therapy area:

- ✓ To facilitate our "no sharing" of supplies procedure, we have provided a list of commonly used materials that you can purchase and store at CPT for only your child's use during their session. This is not mandatory but highly encouraged.
- ✓ Ball pits have been closed and disassembled.
- ✓ Cloth/fabric covered equipment have been removed.
- ✓ Mattresses have been covered in a vinyl material that can be sterilized between therapy sessions.
- ✓ Plexiglass dividers for table-top therapy are available for use.
- ✓ Toys available in the treatment rooms will be sterilized after each use.

CLIENT/PATIENT ARRIVAL:

- ✓ Please plan to arrive at your child's scheduled therapy time (not early). If you happen to arrive early, we kindly ask that you wait until it is your scheduled arrival time to approach the clinic door.
- ✓ While the clinic treatment schedule is staggered to prevent contact with other clients, if you happen to see another child entering or exiting the main doorway, we ask that you please wait until they have had time to clear the doorway entrance.
- ✓ Please have your child use the restroom before arriving at the clinic.
- ✓ Please have your child arrive with a face mask on, if tolerated.
- ✓ Designated CPT staff will pick-up your child at the front door of the office.
- ✓ Upon greeting you at the door, your clinician will ask a series of screening questions. Your clinician will document your responses and ask that you sign off on the form. These questions are provided for your reference at the end of this document.
- ✓ Your child will have their temperature checked using a non-contact thermometer. His or her temperature must read less than 100 in order to enter the clinic.
- ✓ Your clinician will let you know what time to return to the office to pick up your child.
- ✓ Your child's shoes will be removed in the hallway or directly inside the office door.
- ✓ Your child will wash their hands after removal of shoes.
- ✓ Your child will be escorted directly to the treatment room where he or she will remain for the entirety of the treatment session.
- ✓ Only your child and their clinician will be allowed in the treatment room during the therapy session.
- ✓ At the end of the session, your child will wash hands as they leave the therapy area.
- ✓ Your child will be escorted to don shoes.
- ✓ Your child will then be returned to the parent or caregiver waiting outside the front door of the clinic entrance.
- ✓ The parent must be at the clinic entrance door to pick up their child at the assigned time.
- ✓ The clinician will briefly share how the session went with your child (up to 5 minutes).

NOTE:

- ✓ If clinically necessary, one parent will be allowed to attend the treatment session. Please note that siblings are not allowed.
- ✓ If a parent is attending the session, his or her temperature will be checked (using a non-contact thermometer) and will only be allowed to enter the office if the temperature reads 100 or less.
- ✓ The parent will be required to wash hands upon entering and exiting the office.
- ✓ Children and parents will promptly leave after the treatment session.

CLINICIAN SAFETY PRECAUTIONS DURING THERAPY SESSION:

- ✓ Clinician will wash hands before the session begins.
- ✓ Clinician will have one assigned treatment room for the full day.
- ✓ Clinician will wear face mask at all times.
- ✓ Clinician may wear gloves or a face shield as appropriate.
- ✓ Clinician will attempt to maintain a minimum 6 foot distance between themselves and the child during the session whenever possible, provided the child is safe.
- ✓ Clinician will consider all strategies to be behind the child during gross motor play that will elicit exertion from the child.
- ✓ Clinician will consider using the plexiglass shield during table top activities.
- ✓ Transitioning out of the treatment room will be on an as needed/required basis only (e.g., if the child needs to use the bathroom).
- ✓ Only one child is allowed in a treatment room at a time.
- ✓ Clinician will wash hands after the session is over.

We appreciate your understanding and support to keep everyone safe!

COVID-19 OFFICE ENTRY QUESTIONS:

Please answer the following questions for your child. If you answer NO to all, your child is cleared to enter the office for his or her therapy appointment.

If you answer YES to any of the following questions (except #10), we ask that you please call the office to reschedule your appointment.

In the past 14 days, has your child:

1. experienced a fever, malaise, or flu-like symptoms?
2. experienced respiratory problems (such as a cough or difficulty breathing)?
3. experienced a sore throat, excessive cough, excessive runny nose/congestion, or nausea/vomiting?
4. traveled anywhere outside the US?
5. come into direct or indirect contact with a person who had a documented/confirmed Coronavirus infection?
6. come into close contact (within 6 feet without a mask) with a person who had fever, respiratory problems, flu-related symptoms, sore throat, excessive coughing, excessive runny nose or congestion, or vomiting/nausea?
7. or anyone in your household had close contact (within 6 feet without a mask) with at least two people with documented experience of fever or respiratory problems?
8. recently participated in any gathering, meetings, or had close contact (within 6 feet without a mask) with any unacquainted persons?
9. Has your child taken any fever reducing medication within the last 24 hours?
10. Does your child have a latex allergy?

NOTE: If a parent is attending a session, these questions will also need to be answered as related to the parent.